

# GSP Packing List

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## *Appropriate work site attire:*

- Official GSP shirt. Each person will receive two shirts for the week. They will be washed in order for them to be worn again during the week.
- Work gloves. These will be provided; however, you can bring your own if desired.
- We will also provide water bottles and small back packs for each person.
- Sturdy closed toe, work shoes
- Jeans and appropriate length shorts that can get dirty and get paint on them
- Light weight, long sleeve shirt to bring to the service site in case it is needed
- Hat
- Sunglasses
- Sunscreen
- Bug spray

## *What to bring for evening sessions and recreation time:*

- Sandals and/or sneakers
- Comfortable, modest clothes (shorts, jeans, sweatshirts, t-shirts, etc)
- Bath towel(s) (Please note that we will have the opportunity to shower each day, so more than one towel might be preferred. There will be no facilities to wash towels.)
- Flip flops for showers

## *What to bring for sleeping and bedtime:*

- Each person will be provided with a standard twin sized air mattress
- Sleeping bag or sheets. Consider bringing an extra blanket if you tend to get cold
- Pillow(s)
- Appropriate sleep attire (i.e. pajamas, shorts and t-shirts)

## *Misc. things to bring:*

- Camera
- Soap/Shampoo
- Other toiletries and hygiene products
- Medications (Parish chaperones will be responsible for overseeing any medicine requirements. Program directors can help find appropriate refrigeration if necessary.)
- Bible
- Personal journal (optional)
- Less than \$30 spending money (possibly only needed for GSP gift shop)
- A box of cereal or other non-perishable food item to donate to one of our agencies (diapers and wipes are acceptable too)

## *Things to leave at home:*

- Cell Phones
- Other types of technology (i.e. tablets, laptops, iPods, Apple Watches)
- Expensive jewelry
- Leggings, tight fitting pants, extra short shorts, and low cut shirts are not permitted for the types of activities which will fill our day.
- Snacks. We are not allowed to have food outside of the cafeteria. We will be providing full meals and plenty of snacks throughout the course of the day.